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Team Building Survival Weekend!



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Filter through your workforce...

The following illustrates the range of services as a corporate summary from Travel Options:

- UK Walks, challenges and Events
- Health, wellbeing, nutrition, fitness & training workshops and courses
- Goal setting, communication and personal development workshops and courses
- Bushcraft & Survival experiences
- Guest speaking – Inspirational and motivational topics (Mountaineering, Military, Adventure Racing and Sports Injury – all topics are woven into the client's objective of their event e.g. AGM, Sales meeting, Awards dinner)
- Leadership identification, training and development programmes
- Adventure Sport experiences in the UK and Europe
- International Adventure Travel

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The Concept

A two day one night experience...

The weekend will be an opportunity for all participants to experience first-hand the benefit of team dynamics in the outdoors and how it translates back to the work place; in order to satisfy saving on time and money but to also increase efficiency within staff productivity and increase of morale.

This is an ideal opportunity to learn more about the team and staff within the business and asses who will grow with the business and who doesn't add value. The experience will be fun and dynamic designed to bring the best out of people and also highlight participants character and core values.

This exercise has proven to highlight natural leaders, strong team members and eliminate members that don't reflect the company's core values.

A very positive exercise for sales staff, whose day to day tasks can become repetitive. Proven to encourage motivate and lead a strong workforce.



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Itinerary

The itinerary will involve the following:

- Walking up a UK mountain
- Camping (or Travel Options Luxury accommodation.)
- Preparing food in a team and cooking over an open fire (or Travel Options luxury banquet.)
- Bushcraft skills and learning
- Multiple team, individual and pair activities
- Leadership tasks with and without an allocated leader
- Practical and theoretical problem solving scenarios
- Staff can be provided with Group T-shirt's, which can be tied in with company charity for PR opportunities.
- All the above will be interwoven within the set individual and corporate core values of the participants.



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The Expertise

David Pickles Biography

Bsc (Hons) in Sports Science and Sports Medicine along with a Herbal Medicine Diploma. Physical Training Instructor, Combat medic, Expedition leader and Expedition medical officer, Mountain guide, Tour Leader and Arctic & Mountain survival expert.

Participated, organised and lead several expeditions worldwide within mountain, jungle, arctic and desert environments, experienced skier mountaineer delivering fitness training and nutrition programmes to members of the public.

Ex-military leading to extensive adventure travel and mountaineering in the Andes, Himalaya and Tien Shan Mountain range. Summited Mt. **Kilimanjaro 48 times** (up to 2016) and expert in adventure racing and endurance sports. Life time member of the Royal Geographic Society (British Schools Exploring Society.)

Business owner of EDGE Travel Worldwide – Adventure travel and the exclusive UK based Sofa to Summit programme. www.edgetravelworldwide.com

Dave Pickles Key Core Values:

- Integrity
- Honesty
- Compassion
- Resilience
- Respect
- Loyalty



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What we Provide!

- Prior identification of company needs
- Clear understanding of company dynamics and core values
- Planned itinerary that reflects the final needs of the exercise
- Qualified expertise on hand prior, during and post the exercise
- Safety briefing
- Prior teasers & activity packs
- Full organisation of registering staff and event planning
- Post event debrief to identify skills and staff performance.
- Optional photos or video for staff keepsake and company press opportunities.

MAKE A LIST OF THINGS
THAT MAKE YOU HAPPY

MAKE A LIST OF THINGS
YOU DO EVERY DAY

COMPARE THE LISTS

ADJUST ACCORDINGLY

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To discuss your company's opportunities further please contact...

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